

BIRTH TO THREE RESOURCES

Connecticut Parent Advocacy Center



FAMILIES RECEIVING SERVICES THROUGH BIRTH TO THREE:

CPAC offers a program called Family Connections which provides support, information and resources to families who are receiving Birth to Three Services. Services are provided under this program include mentoring, connecting to other families in the same situation, information on child development, disability specific information, a closed Facebook group, guidance to help make your child's transition out of Birth to Three go as smoothly as possible.

Email or call Adriana Fontaine to learn more: 860-367-6240
afontaine@cpacinc.org English or Spanish

PRESCHOOL PATHFINDER PROGRAM:

This program was developed for families facing challenges navigating transition from early intervention into special education preschool. We help families effectively communicate their child's needs to professionals and understand IDEA. Through PreK Pathfinder, families are supported in person at their Birth to Three Transition Meeting and PPT meetings. During COVID-19, we assist families on PPT preparation and offer information on special education guidelines for preschool aged children.

Contact Adriana Fontaine at 860-367-6240 or email CPAC at cpac@cpacinc.org
Visit our website at: www.cpacinc.org

SERVICES AVAILABLE TO FAMILIES:

As the Parent Training and Information Center for Connecticut, CPAC wants you to know that we are here to support families of infants, toddlers, children and youth with disabilities. We know that families really benefit when they connect with other families who understand what they are experiencing. We know this because we are an organization staffed by parents of children and youth with disabilities. For many parents staying at home due to COVID-19 is very stressful. Having to navigate the volume of available information can create more anxiety. There is so much new information that some parents may have a hard time processing what is true and where to start. Contacting our staff or following us in other ways may be a good place to begin. For parents who don't have access to technology our staff is available by phone to review online resources. Turn page over for ways families can connect for more information.

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CALL FOR INDIVIDUAL SUPPORT

Our Parent Consultants are available to take your calls and will do their best to return calls within 48 hours. Contact us by email at cpac@cpacinc.org, or call us at (860) 739-3089.

MEETINGS, CALLS, AND WORKSHOPS

[Reach Out Virtual Meeting \(English\)](#): Tuesdays and Thursdays at 10:00 a.m. Register [here](#). (After registering, you will receive a confirmation email containing information about joining the meeting.) Or join us on Facebook Live on the CPAC Facebook page.

[CPAC en Español - Parent Support Call in Spanish](#): Monday-Friday at 1:00 p.m. Únete a la reunión de [Zoom](#). Marcar por Ubicación +16465588656 Meeting ID: 902254780#. Or join us on Facebook Live on the CPAC en Español Facebook Group.

[CPAC en Español - Workshops in Spanish](#): Wednesdays at 4:00 p.m. Únete a la reunión de [Zoom](#) Marcar por Ubicación +16465588656 Meeting ID: 742877516#. Or join us on Facebook Live on the CPAC en Español Facebook Group.

All meetings, calls, and workshops will be recorded and posted on our YouTube channel.

FIND US ON THE WEB AND SOCIAL MEDIA:

Visit our [website](#) for updates and resources.

[CPAC Facebook Page](#): You do NOT need to be a Facebook user to access this information.

Join our Facebook Groups: You DO need to be a Facebook user. CPAC Resources & Supports, CPAC en Español, CT Secondary Transition Youth Advisory Board, and Secondary Transition Resources and Support -

[CPAC Instagram](#)

[CPAC YouTube](#)

[CPAC Twitter](#)

[CPAC Pinterest](#)